

# Kids menu

Choose a drink, main and dessert for 9.80

All our meals are served with a veggie pot of cherry tomato, cucumber and pepper sticks



Look out for to count your fruit & veg!

## 1. Drinks

### Fruit Juices

Orange 107 kcal | Apple 107 kcal | Cranberry<sup>^</sup> 57 kcal | Pineapple 124 kcal

Get fizzy! Add a dash of sparkling water

### Fruity Kids' Softails

#### Fruity Sunrise

Orange juice, apple juice and grenadine 70 kcal

#### Apple Twilight

Apple juice and blackcurrant 65 kcal

#### Tutti Sunset

Orange juice, raspberry syrup, grenadine and lemonade 57 kcal

### Mineral Water

Still | Sparkling 0 kcal

### Soft Drinks

#### Squash

Blackcurrant 4 kcal | Orange 3 kcal

Bambinoccino 47 kcal

### Milk

Plain 109 kcal | Oat 138 kcal



Or choose for 2.20

Innocent Bubbles Sparkling Apple & Berry 96 kcal

## 2. Mains

### Crispy Battered Fish Goujons<sup>†</sup>

Served with beans and fries 511 kcal

### Crispy Chicken Nuggets

Served with beans and fries 588 kcal

### Vegan Nuggets

Served with beans and fries 606 kcal

### Piccolo Pasta Bolognese

Bolognese sauce with spirali pasta, served with carrot and courgette spirals and corn on the cob

With veggies 339 kcal | No veggies 325 kcal

### Piccolo Pasta Napoletana

Napoletana tomato sauce with spirali pasta, served with carrot and courgette spirals and corn on the cob

With veggies 247 kcal | No veggies 233 kcal

### Pasta & Meatballs

Delicious pork & beef meatballs with spirali pasta, served with courgette and carrot spirals and corn on the cob

With veggies 709 kcal | No veggies 695 kcal

### Mac 'n' Cheese

With broccolini and roasted red pepper 358 kcal

### Kids Burger

Served in a wholemeal bun with lettuce and ketchup and fries

#### Choose from:

4oz\* Beef 630 kcal | Chicken 482 kcal

Add cheese for free +59 kcal

### Mini Baked Salmon<sup>†</sup>

Served with broccolini and mashed potato 477 kcal

### Vegan Pizza

Made with vegan mozzarella and served with corn on the cob 423 kcal

#### Choose one or both:

Mushroom 2 kcal | Red Pepper 13 kcal |

Courgette 8 kcal | Broccolini 28 kcal |

Cherry Tomato 9 kcal | Sweetcorn 19 kcal

### Cheesy Tomato Pizza

Served with corn on the cob 415 kcal

#### Choose two toppings:

Pepperoni 65 kcal | Red Pepper 13 kcal |

Chicken 35 kcal | Ham 22 kcal |

Mushroom 2 kcal | Courgette 8 kcal |

Broccolini 28 kcal | Sweetcorn 19 kcal |

Cherry Tomato 9 kcal



## 3. Desserts

### Chocolate Brownie

With chocolate sauce and ice cream 411 kcal

### Fruit Pot With Choco Dip

Fresh fruit pieces with chocolate dipping sauce 167 kcal

### Ice Cream

Do it yourself! Two scoops of ice cream with fresh fruit to decorate.

Choose from: Vanilla 114 kcal | Strawberry 120 kcal | Chocolate 122 kcal |

Vegan Choc-Chip 204 kcal



Available for children up to the age of 11 years. Contains a minimum of 50g of fruit or vegetables, or 150ml pure juice. These dishes are made from ingredients that do not contain meat or fish. These dishes are not made with any animal products. However we do not have a dedicated area in our kitchen for vegetarian or vegan food. \*All weights are approximate before cooking. 1oz = 28g uncooked weight. <sup>†</sup>Fish may contain small bones. <sup>^</sup>Cranberry juice drink. The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a +/-20% variance on published calorie values. For the latest calorie information please visit our website. Allergies: we follow strict hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. Speak to a member of staff if you have any food allergies or intolerance. Full allergen information can be found at [www.restaurantallergens.com/frankies](http://www.restaurantallergens.com/frankies). Service charge is at your discretion. However, an optional 10% will be added to the bill for parties of ten or more people, which will be passed directly to your server. Frankie & Benny's, 5-7 Marshalsea Road, Borough, London SE1 1EP - FB\_CONC\_KIDS\_1023



Frankie & Benny's  
Real good comfort food